

30 DAYS OF PAIN

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The idea for the band was conceived in 2008 it never saw the outside of a garage. It was a revolving door of musicians & put on the shelf in 2012. It is the brainchild of John Bashaw, a veteran of the Pittsburgh, PA & tri-state area music scene. John is primarily a Lead vocalist since 1991 but in 2015 had a run in a band playing bass. Self-taught on guitar, drums, bass, & keyboards, John set out in late 2016 & began writing a few songs which spawned 2 entire albums worth of material. He was going through a rough patch in his life at the time & has stated that the writing process was "Very therapeutic. Just something at the time that needed to be done". What began as a band now had become a "solo" project. Confident in what was being put to tape as demos; John decided that this material should be heard. John wrote all the parts, & played/sang on every song, on these demos. Before long, it was decided that it should be a BAND once again. John recruited the talents of several of the area's best musicians. They performed a blistering set at singular engagement in 2019 & the band decided to go their separate ways. Fast forward to 2020 & John decided to again give it a go & landed four stellar musicians in Thomas "Dr. Vent" Venturino (drums), Xander Demos (guitar), Dan "DanOwar" Bozym Jr. (bass), & Dan Newman (guitar). Only time will tell what's in store for 30DoP.

The band has put out 6 singles that pre-date the upcoming release:

"Somewhat Damaged" -on Reverbnation

*"Under The Gun"-on Sumthin Fierce Compilation

"Day Of Reckoning"- on Reverbnation

"The Madness Within" (LIVE)-on Reverbnation & Live Video on YouTube

"Lies"-on Soundcloud & Lyric Video on YouTube

"Don't Say Goodbye" on multiple platforms & RCE compilation 2020

